

Support for people living with dementia and their carers

Age Cymru and Age Cymru Powys



Many services for older people, including advocacy for those living with dementia and Later Life Planning service

<https://www.ageuk.org.uk/cymru/>

<https://www.ageuk.org.uk/cymru/powys/>

Information about dementia services, Advice, Advocacy, Peer support, Legal advice, Financial advice, Information & support for carers, telephone befriending



Alzheimer's Society Cymru

Information about dementia, available services, advice, Living Well with Dementia, carer information and support, and legal, financial and advocacy advice. <https://www.alzheimers.org.uk/>

03300 947 400 (Wales line- English and Cymraeg) Also 0333 150 3456

Information about dementia services, Advice, Advocacy, Peer support, Legal advice, Financial advice, Information & support for carers,



Community Connectors (PAVO)



The service helps people in Powys (aged 18+) to access community services and activities to maintain independent lives. There is a Community Connector in every locality across Powys.

Duty line– 01597 828649 or email community.connectors@pavo.org.uk

Information about dementia services, Information for carers, access to befriending through Powys Befriending Service



Credu– Connecting carers



Helping unpaid carers to both look after their loved ones and take care of themselves as individuals.

01597 823800 or carers@credu.cymru

www.credu.cymru

1:1 support for carers, Peer support groups, Information & support for carers, young and adult carer trips, wellbeing and creative sessions.





The member led organisation engages and empowers people living with dementia to influence attitudes, services and policies that affect their lives. www.dementivoices.org.uk

Peer support groups, Campaigning for the rights of those living with dementia



Dementia Matters in Powys

Advice, reassurance, peer support, telephone befriending, Dementia Meeting Centres. <http://dementiamatterspowys.org.uk/>

01597 821166 and info@dmip.org.uk

Information about dementia services, Advice, Informal advocacy, Peer support through Dementia Meeting Centres, Information & support for carers, telephone befriending



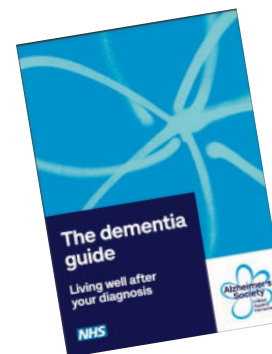
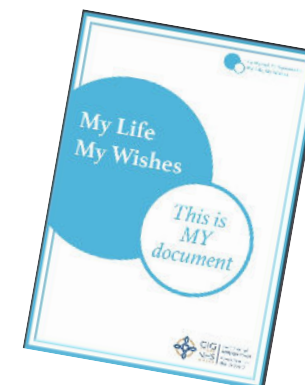
Qualia Law

A not-for-profit organisation providing expert safeguarding and financial management support to people who are vulnerable or have lost mental capacity. www.qualia-law.org

Legal advice, Financial advice/ management



My Life, My wishes is a way to help you think about, prepare and plan for your future care and the end of your life. It can help you to discuss and decide what is most important to you, as well as sharing your wishes with others. <https://pthb.nhs.wales/about-us/programmes/my-life-my-wishes/>



The Dementia Guide is available to download as a PDF, request as a hard copy, is available in several languages, and can also be watched as a short film, by visiting this web page- <https://www.alzheimers.org.uk/get-support/publications-factsheets/the-dementia-guide>



Powys Association of Voluntary Organisations
Cymdeithas Mudiadau Gwirfoddol Powys

Leaflet produced by the Powys Association of Voluntary Organisations on behalf of the Powys Dementia Network

PAVO is an umbrella organisation giving help and support to voluntary groups and organisations. "Helping organisations, improving people's lives." www.pavo.org.uk